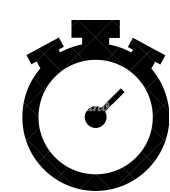


difficult



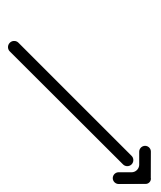
From Forenza (Church of Saints Nicholas and Mary Most Holy) to Ripacandida (Church of Our Lady of Mount Carmel) via the Cave Church of Saint Mary of the Armenians

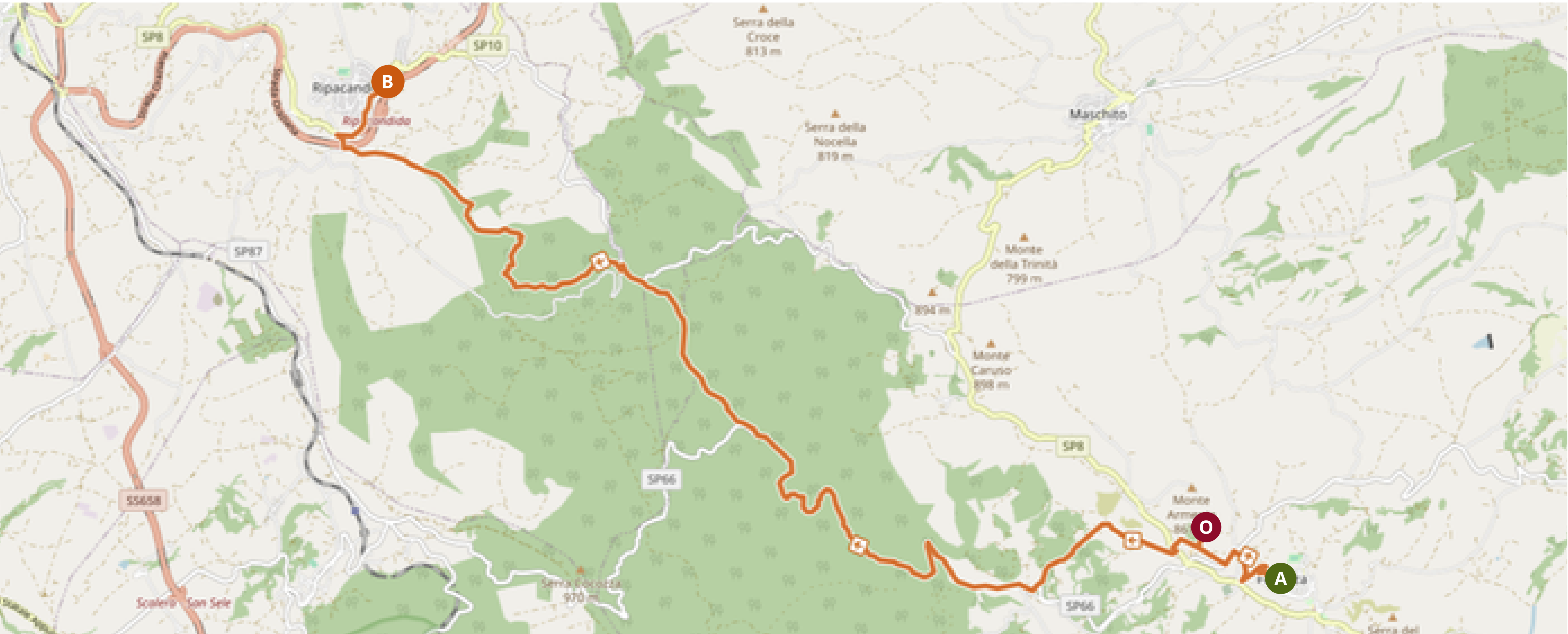
 05:35

  19,4 km

 3.50 km/h

 370 m

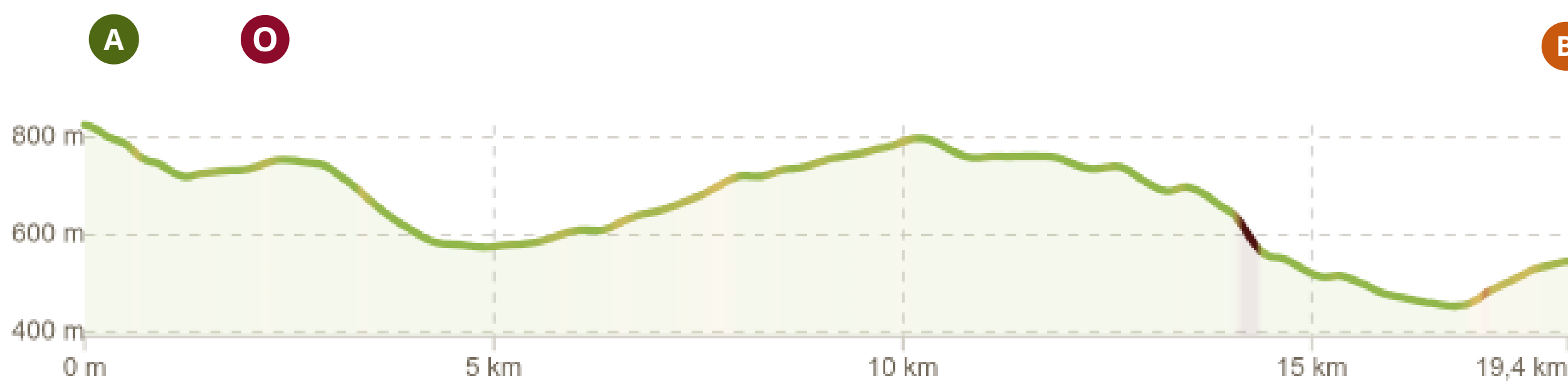
 650 m



ELEVATION GAIN

 Maximum elevation 830 m

 Minimum elevation 450 m



SURFACE TYPES



 Paved

 Gravel

 Unpaved

A

Forenza

Church of Saints Nicholas and Mary Most Holy



O

Cave Church of Saint Mary of the Armenians



B

Ripacandida

Church of Our Lady of Mount Carmel

